Curriculum Vitae

BRIDGET R. ARMSTRONG

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Education:

Current — University of Florida, Gainesville Florida
Graduate Student, APA Accredited Doctoral Program in Clinical Psychology

Concentration	Child Clinical/ Pediatric Psychology
Mentor	David Janicke, Ph.D.
GPA	4.00

B.A. 2009 — University of Maryland, Baltimore County

Major Field	Psychology
Mentor	Lynnda M. Dahlquist, Ph.D.
GPA	4.00

Honors and Awards:

2011	Highly Meritorious Student Paper Abstract, Society of Behavioral Medicine
2010	Highly Meritorious Poster Abstract, International Congress of Behavioral Medicine
2009	Valedictorian candidate for the University of Maryland Baltimore County
2007-2009	Presidential Scholars Award
2008-2009	Undergraduate Research Award Scholar
2006-2009	Dean's List, University of Maryland Baltimore County
2006- 2009	Maryland Distinguished Scholar Award

Research Experience:

Graduate Research Assistant, Pediatric Psychology Lab — August 2011 - Present
University of Florida, Gainesville Florida

Duties
- Serve as a group leader and therapist in a rural healthy lifestyle intervention program for children ages 8-12, conducting screening assessments, assisting in development of treatment manuals, collecting and entering data from clinic projects, conducting literature reviews, preparing papers for publication, and supervising undergraduate research assistants.
- Assisted and took primary lead on manuscript preparation and conference presentations

Supervisors — Dr. David Janicke, Ph.D

Project Administrator, Family TeamWork study July 2009 - July 2011

Children's National Medical Center, Behavioral Diabetes Research Program, Washington, DC

Duties

- Responsible for coordinating one site of a multi-site large longitudinal study aimed at increasing adherence to medical regimens in adolescents with type 1 Diabetes
- Maintained multiple databases related to the study
- Completed structured interviews with adolescents and parents both over the phone and in outpatient clinics in the region
- Conducted study assessments at regional outpatient clinics
- Conducted cognitive-behavioral manualized intervention sessions with families
- Conducted attention control/diabetes education sessions with families
- Responsible for primary administrative duties of the research office
- Supervised undergraduate research assistants
- Assisted and took primary lead on manuscript preparation and conference presentations

Supervisors Dr. Eleanor Mackey, Ph.D, Dr. Randi Streisand Ph.D

Research Assistant, Pediatric Psychology Lab January 2007- May 2009

University of Maryland, Baltimore County, Baltimore, MD

Duties

- Conducted literature reviews, data collection, data entry, run subjects in food allergy study and virtual reality study
- Conducted an independent research study (utilizing existing data) and an Undergraduate Honors Thesis (a grant-funded, independently designed and conducted randomized controlled trial which included 85 participants) on virtual reality pain distraction management
- Responsible for training and supervision of other undergraduate research assistants

Supervisor: Dr. Lynnda M. Dahlquist, Ph.D,

Research Assistant, The Children's Sentinel Nutrition Assessment Program January 2009-May 2009

University of Maryland, School of Medicine, Baltimore, MD

Duties

- Conducted structured interviews with inner-city mothers of 1 to 36 month-olds in the Pediatric Ambulatory Center and Emergency Department at University of Maryland Medical Center

Supervisors: Dr. Maureen Black PhD., Anna Quigg, MS.

Clinical Experience:

Interventionist Behavioral Diabetes Lab Family TeamWork study January 2010-July 2011

Children's National Medical Center, Behavioral Diabetes Research Program, Washington, DC

Duties

- Delivered 4-session family, CBT-based coping-skills manualized intervention to adolescents (11-14 years) with type 1 diabetes and their parents to promote adherence.
- Conducted therapeutic booster calls between sessions
- Completed structured interviews for data collection and response to treatment

Supervisors Dr. Eleanor Mackey, Ph.D, Dr. Randi Streisand Ph.D

Intensive Individual Support Therapist May 2008-August 2008
Children Achieving Maximum Potential, Rockville Maryland

Duties
- Provided Applied Behavioral Analysis type intervention for children with autism and other related disorders

Supervisors Kim De Jong, M.S., BCBA

Assessment experience:

Memory and Learning Pilot study August 2010- July 2011
Children's National Medical Center, Washington, DC

Duties
- Administered subsets of the CANTAB computerized test to children 8-14
- Administered subtests of the WISC, including Block Design, Digit span, Information and coding

Supervisors Dr. Randi Streisand Ph.D., Dr. Maureen Monahan Ph.D.

Publications:

Armstrong, B. & Janicke, D.M. (Under Review) Differentiating the effects of maternal and peer encouragement to diet on child weight control attitudes and behaviors. Under review at *Appetite*.

Armstrong, B., Mackey, E. & Streisand, R. (2011). Parenting behavior, child functioning, and health behaviors in preadolescents with type 1 diabetes. *Journal of Pediatric Psychology 36*, 1052-61.

Mirza, N.M., Mackey, E.R., **Armstrong, B**., Jaramillo, A., & Palmer, M. (2011). Correlates of self-worth and body size dissatisfaction among obese Latino youth. *Body Image, 8*, 173-8.

Armstrong, B., Law, E., Sil, S., Dahlquist, L. (in preparation). Effects of using head mounted display helmet for virtual reality distraction on cold pressor pain in college students.

Paper Presentations:

Armstrong, B., Mackey, E. & Streisand, R. (2011). The Relationship between Depressive Symptoms, Self-Efficacy and Adherence in Preadolescents with Type 1 Diabetes. Paper presented at the 32nd Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine, Washington, DC

Poster Presentations:

Armstrong, B. & Janicke, D.M. (2012) The differential effects of maternal versus peer encouragement to diet in youth. Poster to be presented at 120th Annual Convention of the American Psychological Association, Orlando, Florida.

Armstrong, B., Mayer-Brown, S. & Janicke, D.M. (2012) The relationship between parent and child weight status and maternal encouragement to diet. Poster to be presented at 120th Annual Convention of the American Psychological Association, Orlando, Florida.

Mayer-Brown, S., **Armstrong, B**., & Janicke, D. (2012). The relationship between parental weight concern, encouragement to diet, and weight control in youth. Poster to be presented at 120th Annual Convention of the American Psychological Association, Orlando, Florida.

Armstrong, B., Mackey, E. & Streisand, R. (2011). The Relationship between Depressive Symptoms, Self-Efficacy and Adherence in Preadolescents with Type 1 Diabetes. Poster presented at Children's National Medical Center Research Day.

Mackey, E.R., **Armstrong, B.**, Clary, L., Streisand, R., & Lowe, M.(2011). Parental concern, teen weight satisfaction and binge eating in youth in treatment for obesity. Poster presented at the 32nd Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine, Washington, DC.

Shaw, E., **Armstrong, B**., Mackey, E., Holmes, C., & Streisand, R. (2011) The Effects of Increased Parental Monitoring on Quality of Life for Adolescents with Type 1 Diabetes. Poster presented at the 32nd Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine, Washington, DC.

Armstrong, B., Mackey, E.R., Streisand R. (2010) Associations of Non-Supportive Parenting Behaviors, Child Depression, and Self-Efficacy in Children with Type 1 Diabetes. Poster presented at International Conference of Behavior Medicine, Washington, DC.

Armstrong B., Law, E., Sil, S., Dahlquist, L. M. (2010) Effects of Using Head Mounted Display Helmet for Virtual Reality Distraction on Cold Pressor Pain in College Students. Poster presented at the International Conference of Behavioral Medicine, Washington, DC.

Armstrong, B., Mackey, E.R., Streisand R. (2010) Associations of Non-Supportive Parenting Behaviors, Child Depression, and Self-Efficacy in Children with Type 1 Diabetes. Poster presented at Children's National Medical Center Research Day.

Armstrong B., Whitten, D.C., Emily Law, Linda Jones., Lynnda M. Dahlquist, L. M. (2009, April) Effects of Using Head Mounted Display Helmet for Virtual Reality Distraction on Cold Pressor Pain in College Students. Presented at University of Maryland, Baltimore County Undergraduate Research Creative Achievement Day.

Armstrong B., Silberholz, E.A., Law E., Weiss, K., Sil, S., Ackerman, C., Herbert, L., Dahlquist, L. M. (2008, April) The Effects of Child Food Allergy on Family Activities. Presented at University of Maryland, Baltimore County Undergraduate Research Creative Achievement Day.

Organizations or other Relevant Experience:

Member America Psychological Association 2011- present

Member Psi Chi, Psychology Honor Society 2008- present

Psychology Research Methods and Statistics Tutor September 2008-May 2009

Duties
- Tutored and mentored students taking statistics courses at UMBC
- Clarified and review material such as ANOVA's, CHI squared testing, t and z testing,

Pearson and Spearman correlation tests, research design methods and APA style writing

Supervisor Debra Sanford

References:

Eleanor Race Mackey, Ph.D.
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111 Michigan Ave, NW
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